



SUNDAY SCHOOL LESSONS

WITH MRS. RENEE

Jesus Visits Mary and Martha

April 26, 2020

LISTENING ACTIVITIES

YOU'LL NEED:

- Several glasses of water with different amounts of water in them
- Metal spoon

SAY: We've been learning that *Jesus wants to be our friend* (clap and repeat it). Jesus visited his friends Mary and Martha. Mary listened to Jesus. Jesus taught Martha that friends listen to each other. Let's practice listening.

Let the children gently tap on each glass of water with the metal spoon.

ASK: Did each glass sound the same when you tapped on it? Let's change the amount of water in each glass and find out if the sound changes.

Change the amount of water in each glass.

ASK: What do you think the glasses will sound like now?

Let the children tap on the glasses again and see how the sound changes. Talk about and/or write down how the sounds changed.

ASK: What did you have to do to tell how the glasses sounded?

SAY: In the same way we listened to the sound the glasses made, friends listen to each other. In the Bible Story, Mary listened to Jesus. Jesus liked that and Jesus likes it when we listen to him because *Jesus wants to be our friend* (clap it and repeat it). Jesus listens to us too.

Go outside. Sit or stand in your yard. Don't say anything for 2-3 minutes. Write down or remember all the sounds that you hear. Talk about the different sounds you heard. **Say:** Could you have heard all of those sounds if you were talking or running around? Probably not. We need to take time each day and listen to God. You never know what Jesus has to say to us, unless you stop a while and listen. What do you think Jesus wants to say to you?

COOKING ACTIVITY

SAY: Martha showed that she was a friend to Jesus by serving him a nice meal. So, let's prepare a meal like what Martha might have done for Jesus.

FIRST CENTURY STEW

- 1/2 pound for dry lentils (or any other dry beans; if you don't have dried, use frozen or canned pinto, black, garbanzo, white beans)
- 5 cups of vegetable broth if using dried or frozen (or chicken broth or just water and season it up more)
- 1 cup of chopped onions
- ¼ cup of olive oil, or any vegetable oil.
- 2 bay leaves (or substitute any other spice that you might have)
- Garlic (cloves, garlic powder, garlic salt)
- Salt and pepper to tast
- Optional season: cumin or anything else that you want to add in.

Combine everything in a pot. Bring to a boil. Turn down to medium heat. This will take several hours on the stove top until the beans are tender (depending on the kind that you use). If too much of the liquid cooks out, add more broth or water. If beans are canned, cook on low for about 20 minutes so that the flavors meld together. If you are using dry or frozen beans you can also use a crock pot and let it cook for 6+ hours.

Serve your first century stew with bread (if you are brave, make your own), olives, cheese, honey, butter, dried fruit, nuts, cheese.

Say a blessing over your meal. Use one that your family says or try this one:

For food in a world where many walk in hunger;

For faith in a world where many walk in fear;

For friends in a world where many walk alone;

We give you thanks, O Lord

Amen.

As you eat your meal, wonder about the following:

I wonder what Martha fixed for Jesus?

I wonder how much harder it was for Martha to cook back then than how we just cooked our meal?

I wonder what Jesus voice sounded like?

I wonder what Jesus favorite food was?

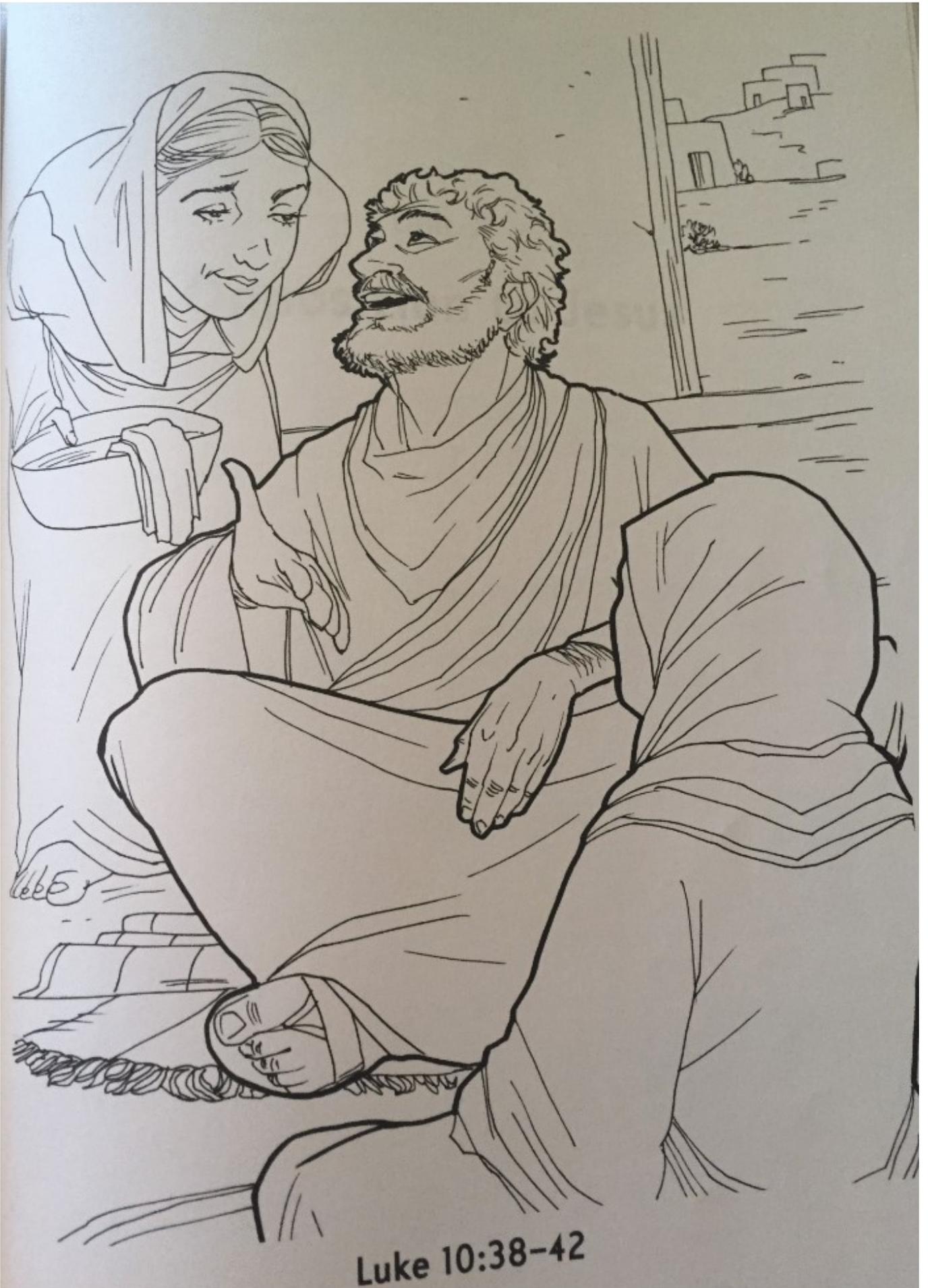
I wonder what Jesus said to Mary and Martha as they ate their meal together?

I wonder how Jesus wants me to show him that I am his friend today?

COLORING ACTIVITY

Color the picture of Jesus, Mary, and Martha. If you don't have a printer, just look at the picture. As you are coloring, talk about the following:

- Which one is Mary and which one is Martha? Why do you think so?
- Remember that when Jesus was at Mary and Martha's house, Martha was upset that Mary was listening to Jesus and not helping cook the meal. Jesus said that Martha shouldn't be upset. Both sisters were doing good things, but they were different things.
- We each serve Jesus in different ways. No one way is better than another.



Luke 10:38-42